programme

from 8:30 am registration & coffee

9:15 **Nina Hall, Chair of Trustees**
Welcome

Sue Johnson *Report on the Foundation*.

KEYNOTE SPEAKERS

9:30 **Sir Richard Bowlby** *'The Role of Attachment in Emotional Distress*.'

10:15 **Dorothy Rowe** *'Fear as the Root of Emotional Distress*.'

11:00 **coffee**

11:15 **Dr Peter Breggin** *'Healing Emotional Distress Without Resort to Psychiatric Drugs*'

PERSONAL PERSPECTIVES –

12.00 from the front line–

- ♣ from prison
- ♣ from the community.
- ♣ from the Emotion Support Centre

♦ ♦

LUNCH & NETWORKING

1 - 2 pm **--**. Book stalls, charity stalls,

♦ ♦

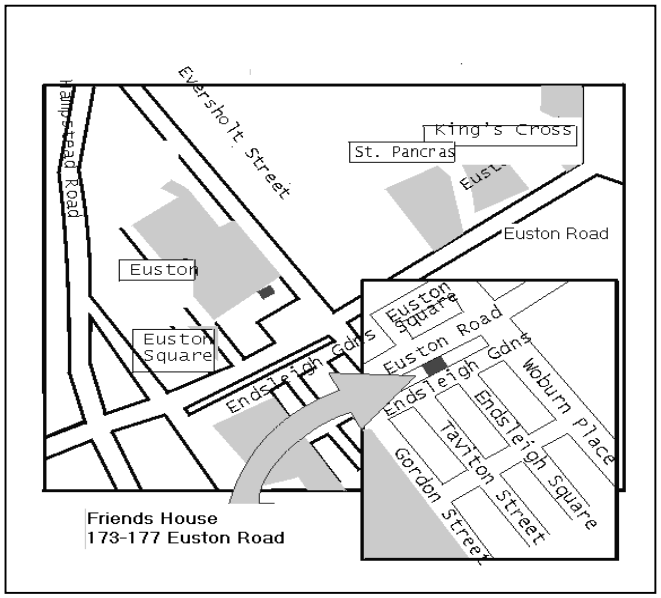
PRACTICAL ISSUES

2 pm **Dr Bob Johnson** – *'Curing Emotional Distress – confronting the terror'*

2:45 pm **Panel discussion and questions,**.

4:15 *summary and close.*

4.30 pm **tea.**



Friends House, Euston Road NW1

how to get there

Public transport
Friends House is on the south side of Euston Road opposite* Euston *Station (BR main line, Victoria and Northern underground lines); it is ten-minute walk from* King's Cross *and* St Pancras *main line and underground station, and five minutes from* Euston Square *underground stations. Buses 10, 18, 30, 73 and 205 pass the door: 59, 68, 91, 168 and 253 stop nearby.

Parking
Friends House is within the Meter Parking Zone.

The James Nayler Foundation –
Admin office: PO Box 49, Ventnor, IoW, PO38 9AA, UK
Registered Charity number 1072133.
email – admin@TruthTrustConsent.com
www.TruthTrustConsent.com

about the speakers

Richard Bowlby worked in various medical institutions where he produced visual aids to communicate research findings. He retired from medical photography in 1999 to focus his energies on communicating his father John Bowlby's research work on attachment bonds. He uses video material to help communicate the emotional significance of "Attachment Theory" and liberate the professional knowledge of it into the population at large, by way of "crossing the species barrier" between academics and the general public, His present passion is the emerging research about the long term significance of fathers' early relationships with their children.

Dorothy Rowe, was born in Australia and worked as a teacher and child psychologist before coming to England where she obtained her PhD at Sheffield University. From 1972 until 1986, she was head of the North Lincolnshire Department of Clinical Psychology. Dr Rowe is now engaged in writing, lecturing and research and is world renowned for her work on how we communicate and how we suffer. She lives in London. She has written many books, notably on depression and writes regularly for a wide range of national newspapers and magazines and is a regular guest on TV and radio programmes.

Dr Peter R. Breggin, M.D. is a Harvard-trained psychiatrist and the author of many ground-breaking books including Toxic Psychiatry, Talking Back to Prozac, the Ritalin Fact Book and the Antidepressant Fact Book. As a critic of psychiatric drugs, electroshock and lobotomy, and as an advocate of patient rights, Dr. Breggin's reform work spans fifty years. His efforts have affected government policies, modified drug labels, and changed how the public views psychiatry and how the profession views itself. He is the founder of the International Center for the Study of Psychiatry and Psychology (ICSPP) and the peer-reviewed journal Ethical Human Psychology and Psychiatry. His website is *www.Breggin.com*